Sep.

PSHE Day 1: 14th Oct

Bullying

1. Who am I?

Unit 1 Relationships & Sex

3. What are micro-aggressions?

4. What is bullying? A talk from

The Message Trust

Education: Friendships &

2. Am I a good friend?

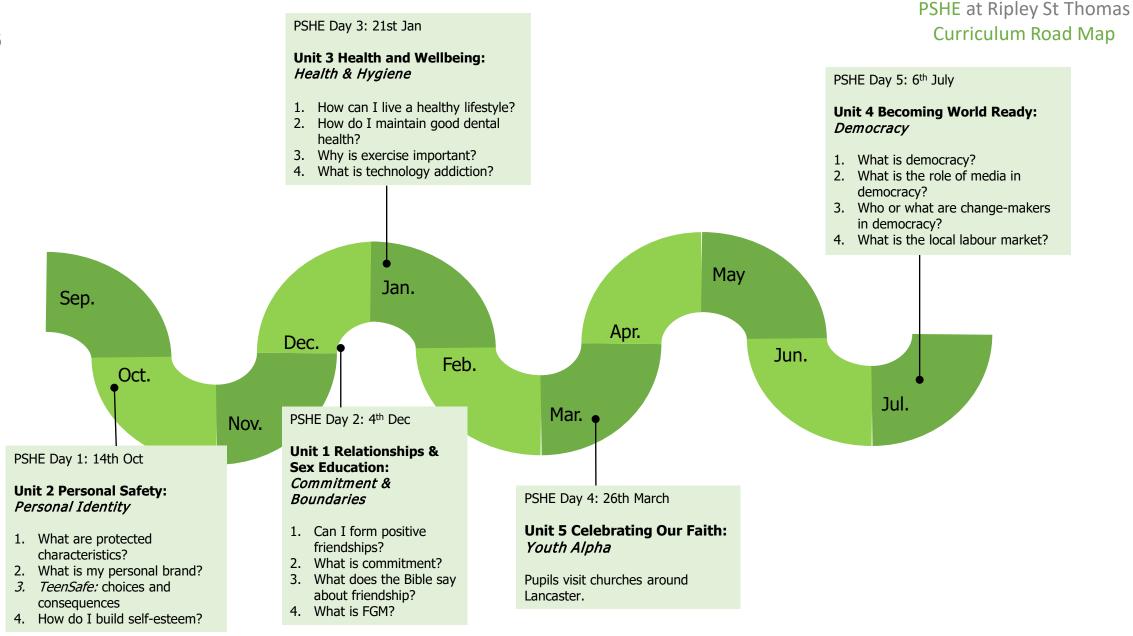
Oct.

Nov.

PSHE at Ripley St Thomas PSHE Day 3: 21st Jan Curriculum Road Map **Unit 2 Personal Safety:** Independence & Responsibility PSHE Day 5: 6th July 1. What are my responsibilities? **Unit 3 Health and Wellbeing:** 2. How can I stay safe at home and Resilience in the community? 3. How can I stay safe online? 4. TeenSafe: Water Safety 1. What is mental and emotional wellbeing? 2. What are healthy coping strategies? 3. What is digital resilience? 4. How do I manage change, loss and grief? May Jan. Apr. Dec. Jun. Feb. Jul. Mar. PSHE Day 2: 4th Dec **Unit 5 Celebrating Our** Faith: Eucharist PSHE Day 4: 26th March 1. What is Eucharist? **Unit 5 Celebrating Our Faith:** Teaching Eucharist in Growing Up and Serving chapel Others 2. Singing the Eucharist. Mass of St Thomas 1. What job suits me best? 3. Why do we break Unifrog bread? 2. Why are rules important? 4. Can we help others 3. AYLA: blindness awareness through prayer?

walk

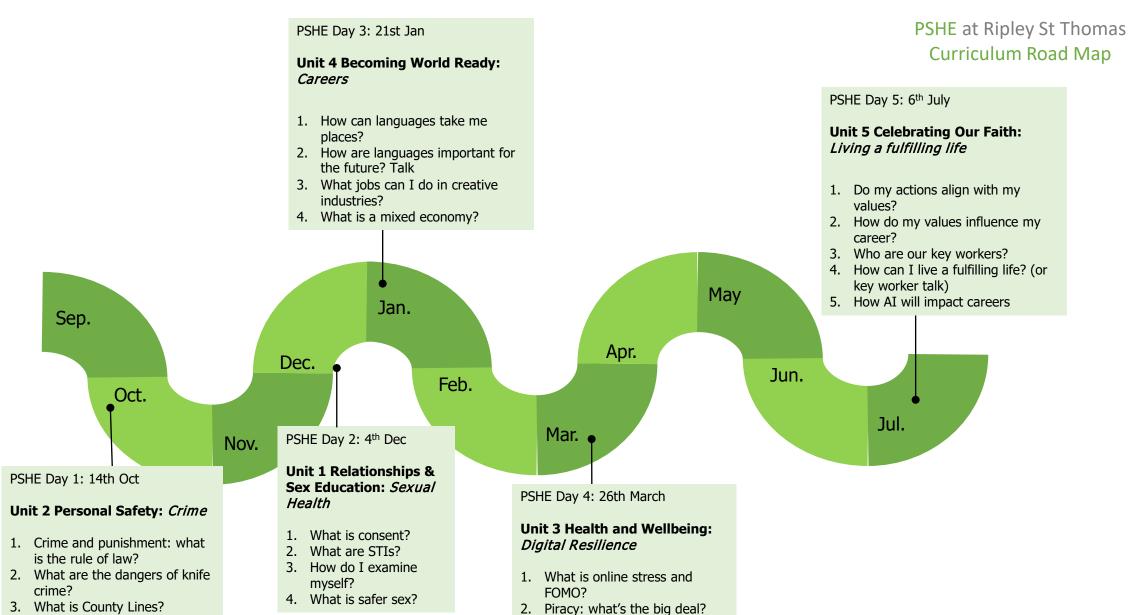
4. Careers carousel



4. What are the dangers of

stereotyping and

discrimination?

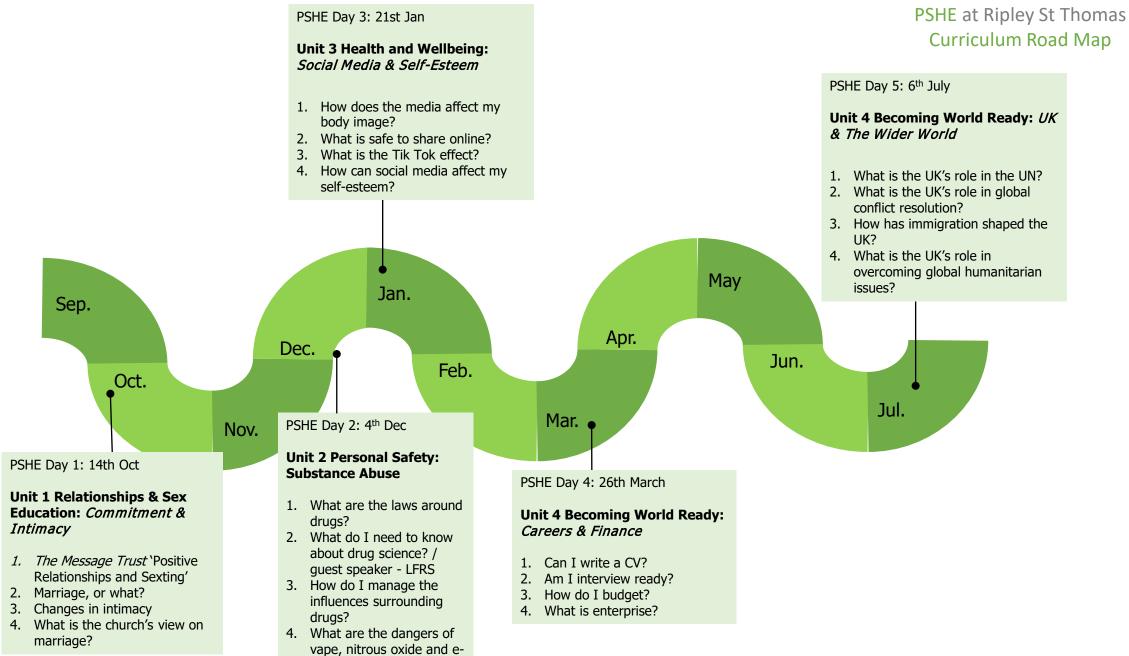


3. TikTok: what's the role of

4. What is 'crossing the line'?

Sexting

adverts, creators and you?



cigs?

