

The Friends of Ripley St Thomas present:

The Supper Run 2022



Tuesday 26th April 2022 7.30pm - 4 miles

Ashton Road, Lancaster, LA1 4RS

£7 advance entry, £10 on the day, £3 for supporter supper

Medals and suppers to all finishers. Please pre-book to guarantee a supper!

Enter online via **bookitzone.com** or please use this form (1 form per runner) and either place in a sealed envelope along with the entry fee in the 'Friends Box' in the school canteen or post to Lesley Kelly c/o Ripley St Thomas, Ashton Road, Lancaster, LA1 4RS.

Cheques should be made payable to FRIENDS OF RIPLEY ST THOMAS SCHOOL

Closing date for entries: online Monday 25th April or paper entry in school by Friday 22nd April

For more information please contact Lesley Kelly on 07762617143

First Name		Surname	
Address			
Postcode		Telephone	
Email		M/F	
Team/Club Name			
Age on Race Day	Ripley Pupil (Y/N)	Class (Tutor Group)	
Parent Race (Y/N)	Staff Race (Y/N)	No. of Supporter Suppers ____ (£3 each)	

I accept and certify that I am medically fit to run and understand that the organisers will in no way be held responsible/liable for any injury/illness or loss/damage to my property during the event. No refunds available.

To help keep everyone involved in this event safe, please take a Lateral Flow Test before attending.

Signature _____ **Date** _____

Parents/Carers must sign for under 16s