

WORDS OF THE WEEK	QUOTE OF THE WEEK
<p style="text-align: center;">Callous /'kaləs/</p> <p style="text-align: center;">L A T I N</p> <p>callosus → callous <i>late Middle English</i> hard-skinned</p> <p>Callous comes from the Latin root callum for hard skin. If you walk barefoot a lot, your feet will become calloused. We often use callous, as an adjective or a verb, in the metaphorical sense for emotionally hardened.</p> <p>a: being hardened and thickened b: having <i>calluses</i>, <i>callous</i> hands 2a: feeling no emotion b: feeling or showing no sympathy for others : HARD-HEARTED <i>a callous indifference to suffering</i></p>	<div data-bbox="863 383 1337 725" data-label="Image"> </div> <p style="text-align: center;">Jeff Brown</p> <p style="text-align: center;">Jeff Brown Born 1962, Ottawa, Canada</p>
PERSON OF THE WEEK	SONG OF THE WEEK
<p style="text-align: center;">Jesy Nelson June 14, 1991 (30 years old)</p> <div data-bbox="416 1308 572 1464" data-label="Image"> </div> <p>Jesy Nelson was targeted by trolls while Little Mix were still competing on X Factor in 2011 and long before they became the UK's most powerful, sassiest girl group.</p> <p>"I was a young girl and I thought, 'What have I done to you? Why do you have to be mean to me?'"</p> <p>"I'm not a nasty person and I took it to heart. Some of the things people said were disgusting. It really affected me."</p>	<p style="text-align: center;">Andy and the Odd Socks</p> <p style="text-align: center;">'One Kind Word'</p> <div data-bbox="842 1384 1358 1727" data-label="Image"> </div> <p style="text-align: center;">https://www.youtube.com/watch?v=lpZ3u5Z6pOg</p> <p style="text-align: center;">Og</p> <p style="text-align: center;">Release Date: 3rd November 2021 For the Anti-Bullying Alliance</p>

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<p style="text-align: center;">Callous /'kaləs/</p> <p>How many antonyms for Callous can you think of?</p> <p>Antonyms: Adjective</p> <p><u>charitable, compassionate, humane, kindhearted, kindly, merciful, sensitive, softhearted, sympathetic, tender, tenderhearted, warm, warmhearted</u></p> <p>Watch the Anti-Bullying Alliance's campaign video and aim to brighten someone's day with the power of your words:</p> <p>https://www.youtube.com/watch?v=SmgIR5s0cHU&t=8s</p>	<div data-bbox="863 241 1337 584" style="border: 1px solid black; padding: 10px; text-align: center;"><p>Words. So powerful. They can crush a heart, or heal it. They can shame a soul, or liberate it. They can shatter dreams, or energize them. They can obstruct connection, or invite it. They can create defenses, or melt them. We have to use words wisely.</p><p>Jeff Brown</p></div> <p>As a tutor group, write a definition of what bullying is to you.</p> <p>The Anti-Bullying Alliance's definition is here:</p> <p>Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.</p>
PERSON OF THE WEEK	SONG OF THE WEEK
<p style="text-align: center;">Jesy Nelson</p> <p>IN 2019, Jesy recorded a BBC documentary on her experiences of suffering from online bullying, since she and Little Mix won X Factor on 2011.</p> <p>The 5 minute clip here gives an insight into her suffering.</p> <p>Recommended Y9 and above</p> <p>Warning: Bad language at 1min 58 secs.</p> <p>https://www.youtube.com/watch?v=idyXOMAZOUg</p> <p>Discuss Jesy's journey. Can any of you relate to her story? Where would you turn if you needed help?</p> <p>Share the link to 'The Hub of Hope' https://hubofhope.co.uk/</p>	<p style="text-align: center;">Andy and the Odd Socks</p> <p style="text-align: center;">'One Kind Word'</p> <p>http://www.clipartbest.com/clipart-ncE5erR7i</p> <div data-bbox="1007 1346 1193 1491" style="text-align: center;"></div> <p>Tutor time activity: Print enough sock templates so that each pupil has one sock each. Colour one side and write a message / word of kindness on the other. Create a washing line of odd socks that stretch across your form room. Email / tweet your form photos!</p> <p>Discuss the reason for Odd Socks Day 2021 at Ripley – Friday 19th November. https://anti-bullyingalliance.org.uk/anti-bullying-week/odd-socks-day/what-odd-socks-day</p>