

CAREERS

IN SPORT

Where can PE take you?

Where can PE take you?

PHYSICAL EDUCATION TEACHER



Help pupils to learn about: a variety of different sports and sporting roles; how to lead a healthy active lifestyle and how the body works in response to exercise. You will be responsible for planning, **teaching** and tutoring students in a school setting. You will provide young people with an opportunity to develop and improve their social and physical skills.

Starting salary: £24,000

Hours: 35 (+) per week

Skills: mentoring, communication, supporting, respecting, planning.

Routes into career:

- University degree ideally in relevant field and PGCE course to gain Qualified Teacher Status (QTS). Some undergraduate degrees provide you with QTS and there is no need to complete a PGCE.
- Other routes include: School Direct, Assessment only Route with QTS, School Centres Initial Teacher Training (SCITT)

Where can PE take you?

PHYSIOTHERAPIST



Help people affected by injury, illness or disability through movement and exercise, manual therapy, education and advice.
Maintain health for people of all ages, helping patients to manage pain and prevent disease.

Starting salary: £24,000

Hours: 37.5 per week

Skills: Communication, supporting, planning, time management, patience, teamwork.

Routes into career:

- An university course
- An apprenticeship
- Working within the industry

Where can PE take you?

PERSONAL TRAINER



Create one-on-one **fitness** programmes for clients, motivating and guiding them to achieve their goals. Clients may wish to lose weight or gain muscle, and as a **personal trainer** you'll teach and help them to exercise properly using workouts and specific plans.

Starting salary: £16,000

Hours: 30 per week

Skills: Passion, communication, listening, self-motivation, leadership, planning.

Routes to career:

- Personal trainer qualifications e.g. Level 2 Certificate in Fitness Instructing -Gym.
- Apprenticeships
- Training courses

Where can PE take you?

SPORTS PERFORMER/ATHLETE



As well as competing and travelling to competitions, athletes spend a lot of time in training. Some have an employment contract with a sporting organisation and receive a regular wage; others earn money 'as and when', for example through prize money or sponsorship deals. Many have another job as well, whether in sport or doing something completely different.

Starting salary: £22,00 (Sport dependant)

Hours: 40 hours + per week

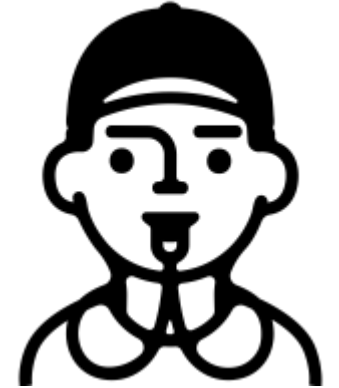
Skills: Passion, competitive mindset, specific physical skills, physical fitness, team work, communication, leadership, resilience.

Routes into career:

- Train hard and consistently within your sports
- Go to scouting events

Where can PE take you?

SPORTS COACH/INSTRUCTOR



As a sports coach or instructor you'll train people up in a particular sport, and/or lead group fitness sessions. You might work with children or adults of any level, and might be employed by a sports club, charity, community group, gym, sports governing body or school. A lot of positions are part-time, so you might need to coach for more than one employer or have a different job too.

Starting salary: £18,000

Hours: 37 per week

Skills: Passion, specific sport knowledge, communication, leadership, interpersonal skills, patience, listening.

Routes into career:

- Coaching qualifications recognised by National Governing Body of the sport
- Level 3 vocational courses
- Apprenticeships
- University degrees

Where can PE take you?

SPORTS DEVELOPMENT OFFICER



Help run initiatives aimed at encouraging people to get involved in sport. Sometimes these are aimed at everyone in a local community; other times they are aimed at a particular group, such as older people. Tasks can involve finding and applying for sources of funding, keeping track of budgets, managing sports coaches and volunteers, and planning, organising and promoting the initiatives, for example through social media.

Starting salary: £18,000

Hours: 37 per week

Skills: Leadership, organisation, initiative, motivate others, communication, team work, project-management.

Routes into career: Although there are no set entry qualifications, the role is increasingly becoming a graduate profession or Higher National Diploma. With a good selection of coaching qualifications and experience, it may be possible to enter at assistant level.

Where can PE take you?

SPORTS LAWYER



Advise their clients on the legal aspects of sport, and may also represent them in court. Their work can cover commercial agreements (for example regarding sponsorship and advertising), broadcasting rights for sporting events, employment contracts, transfers, injuries, sports regulation and disciplinary matters.

Starting salary: £25,000

Hours: 40 per week

Skills: knowledge and passion for the industry, attention to detail, negotiation, persuasion, resilience.

Routes in career: Sports law degree

Where can PE take you?

SPORTS JOURNALIST



Write **about** and report on amateur and professional **sports**. As a **sports journalist**, you can expect a variety of job duties such as reporting game statistics, interviewing coaches and players and offering game commentary. You can work in a variety of media, including radio, television and print.

Starting salary: £19,000

Hours: 39 per week

Skills: Writing and communication skills, fact checking, confidence, research skills, initiative.

Routes into career:

- Ideally you need a degree in a related field such as Journalism.
- Having work experience in a similar field is always beneficial.
- Apprenticeships

Where can PE take you?

SPORTS COMMENTATOR



Gives a running **commentary** of a game or event in real time, usually during a live broadcast. The comments are normally a voiceover, with the sounds of the action and spectators also heard in the background.

Starting salary: £22,000

Hours: Varied depending on the events

Skills: Communication, knowledge of the sport/players, confidence, researching, writing.

Routes into career:

- Sport Journalism degree
- With the right skill and experience you can commentate at local level without a degree

Where can PE take you?

SPORTS ANALYST



Assess performance in a sport to develop an understanding of actions that can inform decision-making, optimise performance and support coaches and players in their journey towards optimal results. In many team sports this would consist on tactical assessment, movement analysis, video and statistical databasing and modelling and coach and player data presentations.

Starting salary: £20,000

Hours: 38 per week

Skills: IT, organisation, calm under pressure, team player, enthusiastic, knowledgeable, mathematical understanding, focussed.

Routes into career:

- Degree in Sport and Exercise Science ideally

Where can PE take you?

SPORTS BROADCAST PRESENTER



A sports **presenter** is a person or organization responsible for the running of a public sporting event, or someone who conveys information on media via a broadcasting outlet, for example Sky Sports News Presenter.

Starting salary: £25,000

Hours: 40 + per week

Skills: Communication, presentation, clear voice, confident, research, interviewing skills, creativity and problem-solving

Routes into career:

- Media studies either at degree level or through apprenticeships.

Where can PE take you?

SPORTS SCIENTIST



Sports science focuses on improving athletic performances through the applications of psychology, physiology and biomechanics principles and techniques. **Sports scientists** observe and monitor athletes to design performance-improving exercise and training programmes.

Starting salary: £18,000

Hours: 38 per week

Skills: Communication, initiative, analysis, scientific skills, leadership, interpersonal skills, empathy.

Routes into career:

You'll need a degree in sport science, or a degree in a related subject like physical education, physiology or psychology, followed by a postgraduate qualification. It's becoming common for sports scientists to already have or be working towards postgraduate qualifications like MRes, MSc or PhD.

Where can PE take you?

SPORTS PSYCHOLOGIST



Sport Psychologists primarily work with athletes, coaches and referees, from amateur to elite-level. Their work is centred on how **psychology** influences **sport** and how it can improve performance. Their aim is to prepare **sporting** professionals for the demands of their job, such as competition and training.

Starting salary: £20,000

Hours: 38 per week

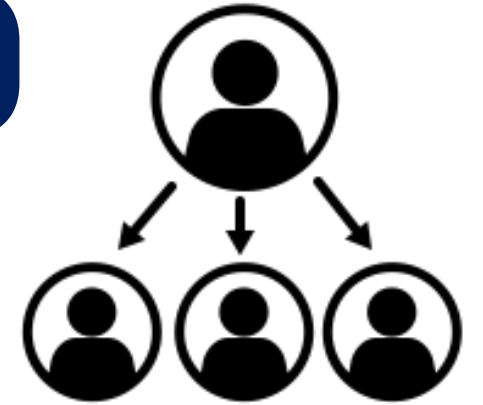
Skills: Communication, initiative, analysis, scientific skills, leadership, interpersonal skills, listening, reflective, problem-solving, decision making.

Routes into career: Need all three of the following:

- Bachelors degree in (sport) psychology
- BPS-accredited sport and exercise psychology Masters degree.
- Two years of supervised practice

Where can PE take you?

LEISURE OPERATIONS AND MANAGEMENT



Operations Manager will lead and inspire a team of staff in delivering the highest possible standards of customer care and service delivery at all stages of a customer's experience with the company so that their business becomes the leisure destination of choice for the communities in which it works.

Starting salary: £18,000

Hours: 39 per week
per week

Skills: Communication, organisation, leadership, managerial skills, leadership and coaching, time management.

Routes into career:

- Apprenticeships
- Work experience
- University degree

Where can PE take you?

SPORT PHOTOGRAPHER



Photography that covers all types of **sports**. ... The main application of professional **sports photography** is for editorial purposes; dedicated **sports photographers** usually work for newspapers, major wire agencies or dedicated **sports** magazines

Starting salary: £22,000

Hours: 38 (but varies depending on events) per week

Skills: Creativity, photography, patience, concentration, attention to detail, networking, teamwork, passion.

Routes into career:

- You don't need any formal qualifications
- But you can study college and university courses to develop your skills
- Level 3 vocational course in art and design or photography

Where can PE take you?

SPORT MARKETING, PR & COMMUNICATIONS



Promotion of sports events and teams as well as the promotion of other products and services through sporting events and sports teams. It is a service in which the element promoted can be a physical product or a brand name. The goal is to provide the client with strategies to promote sports or to promote some other product, service, business or cause through sports. Sports marketing is also designed to meet the needs and wants of the consumers through exchange processes.

Starting salary: £19,000

Hours: 39 hours per week

Skills: Creativity, writing and reading, initiative, teamwork, task management, interpersonal skill

Routes into career:

- University degree
- Apprenticeships

Where can PE take you?

STRENGTH AND CONDITIONING COACH



A **strength and conditioning coach** is a physical performance professional who uses exercise prescription to improve the performance of competitive athletes or athletic teams. This is achieved through the combination of **strength** training, aerobic **conditioning**, and other methods

Starting salary: £18,000

Hours: 38 hours per week

Skills: Confidence, communication, interpersonal skills, leadership, listening skills, knowledgeable, attention to detail, initiative.

Routes into career:

- University degrees such as Sport Science
- Level 2 and Level 3 personal trainer courses
- Gaining relevant experience

Where can PE take you?

SPORTS DEVELOPMENT OFFICER



As a sports development officer, you'll make sure that everybody has the chance to take part in sport by ensuring that all sections of the community are aware of available activities and where they can go to get involved.

You'll distribute information and organise sport-related projects, classes, programmes, coaching, club development and training. You'll also need to target those who want to take part for fun, as well as those who are interested in competing at all levels, from local to national and international.

Starting salary: £18,000

Hours: 38 hours per week

Skills: Leadership, initiative, self-motivation, communication – both written and orally, independence, organisation, administration, IT, knowledge of a range of sports, negotiation skills

Routes into career:

- Foundation degree, higher national diploma or degree in a related subject like: sports development or sports coaching.
- Advanced apprenticeship as a community sport and health officer
- Gain useful experience by playing sports, volunteering as a coach, helping out on community and holiday sports schemes, or working with a local sports club.

Where can PE take you?

SPORTS AGENT



Sports agents represent the interest of athletes, particularly in contract negotiations. They also handle sponsorships, public relations, and financial planning. Professional athletes often are signing their first professional contracts in their late teens or early 20s and rarely have the experience or education to fully understand the legal complexities involved. In the case of high-profile athletes, those contracts often are for hundreds of thousands or millions of dollars, and athletes need guidance handling those finances.

Starting salary: £25,000

Hours: 37 hours per week

Skills: Customer service skills, accept criticism, work well under pressure, sell products and services, initiative, persistence, determination, attention to detail, verbal communication.

Routes into career:

- A university course
- You could do a foundation degree or degree in sports management before joining a management company as a trainee.
- A qualification in law or business may also be useful, although it's not essential.
- Working your way up