

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
1	00:21:45	222	Parker	Jason	Preston Harriers	V40	42	M
2	00:22:55	286	Brown	David	Lancaster & Morecambe AC		26	M
3	00:22:59	96	Taylor	David			30	M
4	00:23:04	215	Holgate	Mark	Barlick Fell Runners	V40	44	M
5	00:23:17	287	Garoner	Mark	Lancaster & Morecambe AC		35	M
6	00:23:21	210	Worsley	Steven	Inverness Harriers	V50	54	M
7	00:23:43	278	Muller	Paul	Horwich PMI	V60	60	M
8	00:24:10	228	Bolland	Sean	Bowland Fell Runners	V40	44	M
9	00:24:21	257	Foaddy	David	Helm Hill Runners		31	M
10	00:24:32	224	O'Donnell	Daniel		V40	43	M
11	00:25:58	256	Vinegrad	Mike	East Hull Harriers	V45	47	M
12	00:26:05	265	Cleary	Michael		V45	48	M
13	00:26:07	290	Jenkinson	Steven		V40	40	M
14	00:26:09	238	Gora	Simon	Garstang RC		34	M
15	00:26:12	231	Charnley	Peter		V45	45	M
16	00:26:15	23	Patterson	Oliver	Ripley	U16	14	M
17	00:26:19	87	Stewart	Alan	Garstang RC	V55	57	M
18	00:26:52	207	Winn	Billy			21	M
19	00:27:00	221	Chalfont	Michael		V45	47	M
20	00:27:02	42	Cadman	Max	VMC	U14	12	M
21	00:27:09	251	Hodgson	Graham	Lancaster & Morecambe AC	V55	56	M
22	00:27:19	104	Wareing	Russell	Lancaster & Morecambe AC	V45	46	M
23	00:27:21	203	Careless	Freddy		U16	15	M
24	00:27:26	115	Fawcett	Phillip		V45	49	M
25	00:27:33	94	Lewis	Tyron	Dallam RC	V50	50	M
26	00:27:36	172	Woodhouse	Peter		V45	45	M
27	00:27:42	1	Goddard	Louise	Lancaster & Morecambe AC	V50	50	F
28	00:27:50	89	Cornall	James	Garstang RC		31	M
29	00:27:55	60	Marshall	Paul		V55	56	M
30	00:28:04	24	McCartney	Sarah		V40	40	F
31	00:28:08	269	Harrison	David	NIA	V45	47	M
32	00:28:12	81	Davey	Mark	Dallam RC	V50	50	M
33	00:28:16	209	Howse	Oliver			25	M
34	00:28:17	202	Froud	Andrew		V50	51	M
35	00:28:31	217	Ransome	Ben			21	M
36	00:28:54	48	Main	Dan	Ripley	U18	16	M
37	00:28:59	248	Whittaker	Tim		V50	53	M
38	00:29:01	197	English	Charlie		U16	14	M
39	00:29:13	211	McAvoy	Amie	Garstang RC		29	F
40	00:29:18	160	Askew	Paula		V40	41	F
41	00:29:24	234	Corbett	Patrick			35	M
42	00:29:28	252	Hudd	Phil		V45	49	M
43	00:29:29	281	Woodhouse	Sam			21	M
44	00:29:32	159	Askew	Max		U12	11	M
45	00:29:50	46	Cadman	Warren	VMC	V40	43	M
46	00:30:04	236	Goddard	Ade		V40	41	M
47	00:30:07	66	French	Joshua	Ripley	U18	17	M
48	00:30:23	112	Walton	Sam	LRGS	U14	13	M
49	00:30:24	205	Dickinson	Paul		V50	52	M
50	00:30:30	30	Brown	Pal		V40	43	M
51	00:30:42	75	Kirkley	Joe	Ripley	U16	15	M
52	00:30:48	267	Capewell	Claire		V40	40	F
53	00:30:57	140	Walker	Catriona			28	F
54	00:30:59	41	Cadman	Will	VMC	U12	11	M
55	00:31:01	166	Wilkinson	Paul		V50	50	M
56	00:31:04	56	Morpuet	Kellie			27	F
57	00:31:09	26	Smith	David		U16	14	M
58	00:31:10	70	Davey	Beth	Ripley	U16	14	F
59	00:31:12	235	Mc Tominay	Frank		V55	56	M
60	00:31:15	254	Introna	Lucas		V55	55	M
61	00:31:17	175	Satterly	Holly	Lancaster & Morecambe AC	U16	14	F
62	00:31:23	226	Lennon	John		V55	56	M

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63	00:31:26	114	Dimgba	Stephen	LRGS	U14	13	M
64	00:31:30	268	Rodgers	John	COLT	V60	62	M
65	00:31:35	113	Ali	Ashley	LRGS	U14	13	M
66	00:31:39	101	Greenwood	Gemma			34	F
67	00:31:39	103	Donnelly	Lee		V40	41	M
68	00:31:48	158	Webster	Derek			35	M
69	00:31:58	111	Anderton	Tom	LRGS	U14	13	M
70	00:31:59	11	Backhouse	Angela			21	F
71	00:32:00	204	Careless	Stephen		V45	46	M
72	00:32:02	206	Wilde	Steven	Chorley Athletic & Triathlon	V60	63	M
73	00:32:14	178	Airey	Chris			31	M
74	00:32:17	9	Parrington	George	Bantams	V70	70	M
75	00:32:24	91	Lewis	Helena	Lmac	V50	51	F
76	00:32:25	137	Grunshaw	Neil	Blackburn Road Runners	V45	49	M
77	00:32:25	162	Bookless	William		U16	15	M
78	00:32:33	244	Cray	Phil		V50	54	M
79	00:32:39	198	Miller	Frank	Garstang RC	V65	68	M
80	00:32:55	275	Kitciti	Steven		V45	45	M
81	00:32:56	165	Blewitt	Andie		V50	50	F
82	00:32:58	184	Moore	Becky			33	F
83	00:33:04	95	Taylor	Carol			21	F
84	00:33:15	208	Bateson	Karl			28	M
85	00:33:24	67	French	Luke	Ripley	U14	13	M
86	00:33:28	250	Callender	Deborah Ann			34	F
87	00:33:29	125	McWade	Brigit		V35	37	F
88	00:33:37	273	Tostevin	George	Ripley		21	M
89	00:33:41	36	Tomlinson	Isla	Ripley	U14	13	F
90	00:33:42	28	Deighton	Sofie	Ripley	U14	13	F
91	00:33:44	242	Marshall	Lee		V45	46	M
92	00:33:53	186	Lockley	Natalie		V35	39	F
93	00:33:58	239	Mckay	Stuart	Lolt		21	M
94	00:34:01	2	Blank	Ian		V55	55	M
95	00:34:02	200	Whitlam	Andy	Thornton Cleveleys RC	V60	62	M
96	00:34:03	22	Blezard	Donna		V40	40	F
97	00:34:13	263	Hall	Nathan	Ripley	U14	13	M
98	00:34:18	259	Burns	Anthony		V45	48	M
99	00:34:23	237	Stapleton	Emily	Lancaster & Morecambe AC	V45	45	F
100	00:34:38	243	Marshall	Charlie		U12	11	M
101	00:34:39	185	Bain	James		U12	11	M
102	00:34:58	280	Woodhouse	Matthew			21	M
103	00:35:01	155	Mitchell	Laura		V45	46	F
104	00:35:07	240	Preston	Robert		V40	44	M
105	00:35:11	73	Wilkinson	Jack	Team Wilko	U12	10	M
106	00:35:12	220	Preston	Lisa		V45	47	F
107	00:35:13	49	Rodrigues	Joana	Ripley	U16	15	F
108	00:35:16	276	Kitchin	Nicola		V45	49	F
109	00:35:23	245	Peters	Michelle	Lamac		24	F
110	00:35:24	190	Bugeja	Clare		V45	46	F
111	00:35:35	58	Barnsley-Ryan	Rachel		V35	37	F
112	00:35:39	57	Barnsley-Ryan	Niamh		U12	10	F
113	00:35:40	196	Corris	Phil	Lancashire Constabulary AC	V60	63	M
114	00:35:43	285	Wyeth-Physick	Olivia	Ripley		21	F
115	00:35:44	21	Nicholson	Angela		V45	49	F
116	00:35:46	16	Tomkins	James	Ripley	U12	10	M
117	00:35:48	93	Lewis	Niamh	Dallam RC		21	F
118	00:35:50	213	Richardson	Lola		U12	11	F
119	00:35:51	212	Mason	Hannah		U12	11	F
120	00:35:52	214	Richardson	Paul		V40	44	M
121	00:36:00	27	Smith	Andrew		V50	50	M
122	00:36:12	201	Friday	Tracey		V45	46	F
123	00:36:31	288	Ingran	Maria	Ripley	U18	16	F
124	00:36:32	289	Ingram	Ruth			18	F

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125	00:36:33	13	Carman	Anne		V60	60	F
126	00:36:44	119	Seward	Kelly	Lancaster Womens RG	V35	38	F
127	00:36:46	282	Procter	Anna	Lancaster & Morecambe AC	U14	12	F
128	00:36:49	258	Johnstone	Gareth		V40	43	M
129	00:36:50	118	Simmill	Elaine		V55	56	F
130	00:36:52	146	Flitcroft	Deborah	Flitcrofts Plus One		28	F
131	00:36:53	149	Flitcroft	Cathy	Flitcrofts Plus One	V50	53	F
132	00:36:57	270	Askew	Lily		U10	9	F
133	00:37:04	82	Lucas	Susan		V65	67	F
134	00:37:10	283	Whitaker	Thomas		V55	55	M
135	00:37:11	199	Brown	Cheryl		V35	39	F
136	00:37:12	249	Whittaker	Haw	Ripley	U18	16	M
137	00:37:16	25	Smith	Stephen	Ripley	U14	13	M
138	00:37:21	84	Gough	Rachel		V45	49	F
139	00:37:22	132	Osinski-Gray	Michael			34	M
140	00:37:22	131	Slater	Rachael		V40	40	F
141	00:37:28	34	Douglas	Catherine		V50	53	F
142	00:37:41	284	Rickerby	Kit		V40	42	M
143	00:37:42	78	McVernon	Annalise	Ripley	U14	12	F
144	00:37:43	241	Bijsterbosch	Andrew	Ripley	V50	51	M
145	00:37:43	79	McVernon	Jon		V40	41	M
146	00:37:50	147	Cameron	Scott	Flitcrofts Plus One		28	M
147	00:37:51	279	Auneung	David		V40	43	M
148	00:37:54	225	Foster	Dan		V40	41	M
149	00:37:54	223	Mulryan	Mark		V45	49	M
150	00:37:55	17	Tomkins	Katie	Ripley	U12	10	F
151	00:37:58	15	Tomkins	Daniel		V45	45	M
152	00:38:06	230	Carcisle	Samantha			31	F
153	00:38:10	86	Openshaw	Nicola		V40	42	F
154	00:38:19	264	Grogan	Ellie	Ripley	U14	13	F
155	00:38:21	188	Dent	Joanna	Legit Lancaster	V45	47	F
156	00:38:21	189	Dent	Simon	Legit Lancaster	V45	46	M
157	00:38:44	187	Roberts	Maureen	Lancaster Runners	V60	61	M
158	00:38:49	291	Turner	Jennifer		V40	40	F
159	00:38:50	219	Willocks	Katie			21	F
160	00:38:51	218	Lewsey	Rob			38	M
161	00:38:54	173	Rawsthorne	Thomas		U10	8	M
162	00:38:55	83	Talbort	Freda		V50	50	F
163	00:38:56	171	Woodhouse	Sarah		V40	43	F
164	00:38:57	174	Rawsthorne	Rachel			34	F
165	00:38:58	229	Dower	Anne		V50	50	F
166	00:39:01	121	Spark	Michael		V55	58	M
167	00:39:06	150	Rimmer	Martina	Blackburn Road Runners	V35	39	F
168	00:39:06	151	Ainsworth	Gillian		V50	53	F
169	00:39:08	183	Norris	Angela	Thornton Cleveleys RC	V60	60	F
170	00:39:13	255	Introna	Georgie		V50	53	M
171	00:39:14	5	Robinson	James		V45	47	M
172	00:39:25	153	Gillibrand	Vicki			34	F
173	00:39:28	195	Hall	Alex	7 Hirst		32	M
174	00:39:35	216	Whitworth	James		V70	70	M
175	00:39:36	193	Smith	Helen		V50	50	F
176	00:39:37	192	Richardson	Paula		V45	49	F
177	00:39:38	92	Butler	Hannah			25	F
178	00:39:47	85	Dhillon	Gurbaksh		V35	39	F
179	00:39:48	123	Simnett	Becky		V45	47	F
180	00:39:49	71	Wilkinson	Paul	Team Wilko	V40	44	M
181	00:39:49	72	Wilkinson	Beth	Team Wilko	U14	13	F
182	00:39:51	54	Longdon	Connie	Ripley	U14	13	F
183	00:39:59	39	Banchero	Juan	Ripley	U14	12	F
184	00:40:00	18	Chwiulkowski	Sebastian	Ripley	U14	12	M
185	00:40:08	35	Massingham	Helen		V40	42	F
186	00:40:13	177	Satterly	Harry	Form 7BT Ripley	U12	11	M

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187	00:40:13	176	Satterly	Charles	Lancaster & Morecambe AC	V45	49	M
188	00:40:20	145	Wright	Sarah		V45	46	F
189	00:40:24	55	Greene	Matthew	Ripley	U14	12	M
190	00:40:32	271	Helme	Georgia	Ripley	U16	15	F
191	00:40:32	272	Helme	John		V40	41	M
192	00:40:39	102	Pickering	Ellie		U14	12	F
193	00:40:42	138	Grunshaw	Katrina	Blackburn Road Runners	V45	46	F
194	00:40:44	134	Clemson	Beverly	Blackburn Road Runners	V45	47	F
195	00:41:13	61	Hill	Isaac	Hirst	U12	11	M
196	00:41:14	62	Hill	Alun		V45	48	M
197	00:41:27	168	Wilkinson	Emily		U10	8	F
198	00:41:27	167	Wilkinson	John		V40	43	M
199	00:41:43	261	Smith	Liz		V55	58	F
200	00:41:44	262	Besson	Nifel		V55	59	M
201	00:41:45	169	Wilkinson	Amanda		V40	41	F
202	00:41:45	161	Bookless	Andrea		V45	49	F
203	00:41:49	170	Wilkinson	Abbie		U14	12	F
204	00:41:59	274	Stevenson	Claire		V40	40	F
205	00:42:00	194	Hirst	Kate	7 Hirst		33	F
206	00:42:02	142	Arnett-Samson	Sarah	COLT	V40	44	F
207	00:42:02	143	Samson	Craig	COLT	V50	54	M
208	00:42:03	260	Burns	Karen		V45	48	F
209	00:42:03	163	Mossop	Catherine	Garstang RC	V40	42	F
210	00:42:04	88	Legge	Katie		V40	41	F
211	00:42:10	246	Oldham	Andrew	Legit Lancaster		21	M
212	00:42:51	65	Owen	Andrew		V55	57	M
213	00:43:10	44	Cadman	Josh	VMC	U10	8	M
214	00:43:19	45	Cadman	Vanessa	VMC	V40	41	F
215	00:43:22	29	Brown	Maria			34	F
216	00:43:58	247	Whittaker	Frances		V50	53	F
217	00:44:02	154	Chambers	Di	Lancaster Womens RG	V45	46	F
218	00:44:03	253	Seed	Susan		V55	55	F
219	00:44:05	227	Matthews	Christine		V60	60	F
220	00:44:06	164	Blewitt	Mark		V45	49	M
221	00:44:07	180	Elliott	Libby		U14	13	F
222	00:44:17	40	Earnshow	Libby		U12	10	F
223	00:44:19	53	Pretelli	Allis	Owen	U14	12	F
224	00:44:29	116	Elkington	Evelyn	Lancaster & Morecambe AC	V75	80	F
225	00:44:37	59	Moore	Suzanne		V55	55	F
226	00:44:39	76	Kirkley	Tom	Ripley	U14	13	M
227	00:44:40	77	Kirkley	Guy		V50	50	M
228	00:44:51	266	Waine	Beckie		V35	35	F
229	00:45:07	12	Wilkinson	Star		U16	14	M
230	00:45:07	6	Anthony	Nuala	Cameron	U16	14	F
231	00:45:34	4	Robinson	Roland	Ripley	U16	14	M
232	00:45:34	64	Lewis	Samuel	Carmen	U16	14	M
233	00:45:47	14	Carman	Keith		V50	50	M
234	00:45:48	7	Anthony	Jane		V45	47	F
235	00:45:57	232	Davis	Karen	Lmac	V55	56	F
236	00:45:58	233	Jewitt	Anthony		V45	48	M
237	00:46:09	69	Kelsall	Nigel		V40	42	M
238	00:46:21	68	Kelsall	Alina	Ripley	U12	11	F
239	00:46:45	19	Chwiulkowka	Weronira	Ripley	U16	15	F
240	00:47:34	3	Knowles	Toby	Ripley	U14	12	M
241	00:48:02	135	Hobson	Claire	Blackburn Road Runners	V45	45	F
242	00:48:03	136	Slater	Sarah		V35	39	F
243	00:48:04	152	Rowe	Lisa		V45	45	F
244	00:50:52	277	Fletcher	Nin		V35	38	F
245	00:51:34	122	Lock	Dawn	Lytham St Annes RR	V70	72	F
246	00:51:34	117	Elkington	Bernard	Red Rose Road Runners	V75	80	M
247	00:51:42	144	Hatton	Imelda		V50	51	F
248	00:53:01	108	Bohm	Raveen	LRGS	U14	13	M

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249	00:53:03	120	Seward	Adam		U14	12	M
250	00:53:04	109	Lappin	Finlay	LRGS	U14	13	M
251	00:53:10	63	Lewis	Suzannah	Owen	U14	12	F
252	00:53:11	33	Holt	Luke	Ripley	U14	12	M
253	00:56:43	38	Banchero	Adelaida		U12	10	F
254	00:56:43	37	Banchero	Alexandra		V40	43	F